



• M BAR & KITCHEN •

Food serving times:
Monday to Wednesday 12pm – 5pm
Thursday, Friday and Saturday 12pm – 8pm
Sunday lunch 12pm – 4pm
Last orders - 15 minutes before closing

Starters

Soup of the day with crusty roll GF,VE	£7.00
Homemade fishcakes , tartare sauce & side salad D,F,G	£8.00
Chicken liver parfait , toasted sourdough & red onion chutney G	£8.50
Vegetable mini samosas with mint yoghurt G D	£7.00
Smoked haddock, sweetcorn, potato & leek chowder D,F	£7.50

Mains

M Bar cheeseburger with lettuce, mayonnaise, onion, tomato, gherkin, & fries E,D	£15.00
<i>Add streaky bacon £1.50</i>	
Mild lamb korma , steamed basmati rice & naan bread D,G	£16.50
Spinach, sweet potato and lentil curry , steamed basmati rice & naan bread G,VE	£13.00
Roasted cod fillet , with ratatouille & mini turned potatoes Ce,F	£17.00
Poached smoked haddock with buttered baby potatoes, spinach & lemon hollandaise D,E,F	£18.00

Sides

Fries or chips VE	£4.00	House salad VE	£4.00
Dirty fries	£5.50	Seasonal vegetables	£4.00
Sweet potato fries	£5.00		



Ask to see our Festive set menu for additional delicious seasonal dishes.

Kids' menu

£7.50

Chicken nuggets, chips & peas G
Fish fingers, chips & peas G
Penne pasta with tomato sauce VEA

Brunch

daily 12pm - 2.30pm

M Bar full breakfast - Streaky bacon, sausage, egg, tomato, mushrooms, beans, toast E,G,D	£11.00
Vegetarian breakfast - Egg, beans, vegetarian sausage, tomato, mushrooms, toast V,VEA	£10.00
Shakshuka Aubergines, peppers and broad beans in a tomato sauce with a fried egg V	£10.00
Smashed avocado & poached egg on toasted sourdough GFA,V	£8.50
Breakfast toasted bap Bacon, sausage & egg GFA	£7.00
Bacon toasted bap GFA	£5.00
Sausage toasted bap GFA	£5.50

Light Bites

Ham, egg and chips GF	£8.00
French onion soup with smoked applewood crouton GFA,V	£8.00
Omelette served with salad & fries. Choose 2 toppings: tomato, cheese, ham D,E	£12.00
M Bar club sandwich , chicken, bacon, tomato, lettuce, egg & mayonnaise GFA	£11.00
BBQ Pulled beef bap , with pickled red cabbage G	£10.00

Jacket potato Choose one from: coleslaw - tuna mayonnaise - baked beans - cheese <i>Additional toppings £1.00</i>	£7.50
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Sandwiches served on brown or white bread. Choose from: Ham salad - cheese & tomato - egg mayonnaise GFA,VEA <i>Make it a toasted sandwich +£1.00</i>	£7.00
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Panini served with salad & crisps. Choose from: Tuna melt - Ham & cheese - BBQ chicken - Tomato & cheese	£8.50
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Wraps served with salad & crisps. Choose from: - Tandoori chicken E,G or Chicken, lettuce & mayonnaise E,G	£8.50
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Dessert

Pear tarte tatin with clotted cream ice cream D,E,G	£7.50
Steamed plum pudding with custard D,E,G	£7.50
Salted caramel cheesecake D,E,G	£7.50
Apple and blackberry crumble with custard D,G	£7.50
Ice cream & sorbets GF,V,VE per scoop	£1.50
Chocolate or raspberry sauce	£0.50

Ce - contains Celery | D - contains Dairy | E - contains Egg | F - contains Fish | G - contains Gluten | GF - Gluten free | GFA - Gluten free available | Sul - contains Sulphites | SE - | Soy - contains Soy | V - Vegetarian | VE - Vegan | VEA - Vegan available.

Please advise our staff of any allergies or special dietary requirements prior to placing your order. We can help identify suitable dishes and provide a list of all dishes containing allergens. Adults need around 2,000 calories a day. Food is prepared in a traditional kitchen and may contain traces of nuts.