How to make a video call



A guide on how to make a video call

Video calling allows you to keep in touch with your family and friends digitally, allowing you to actually see the person you are talking to using your laptop, phone or tablet's camera so you can have a more personal face-to-face talk with them.

There are many different ways you can make a video call from your device. Please find information below on how to make a video call using Zoom.



Zoom

Video calling





zoom

On your laptop

1. To use Zoom on your laptop visit, www.zoom.us/signin, you will need to login or create an account if this is the first time you are using Zoom. If you want to access Zoom via your app on your mobile phone or tablet, please see point 6.

	Sign In	
	Email address	
	Email address	
	Password	
	Password	
	Sign In	
	Forgot password?	Stay signed in
	or	
	G Sign in with Google	
	Sign in with Facebook	



zoom

On your laptop

*If you are setting up an account for the first time, you will receive an email to confirm your email address, ensure you click the link to confirm your email address before proceeding. It will prompt you to run a "Test meeting" or proceed to "My Account".

Invite Your Colleagues Start your test meeting. Invite your colleagues to create their own free Zoom account today! Why invite? JOIN A MEETING HOST A MEETING V SIGN IN SIGN UP, IT'S FREE Excellent! Now it's time to start meeting. name@domain.com Welcome to Zoom name@domain.com Hi, laura.mills@audlevgroup.com. Your account has been successfully created. Please Your personal meeting url: list your name and create a password to continue. https://zoom.us/j/8711595201 name@domain.com First Name Add another email Last Name I'm not a robot Password reCAPTCHA Start Meeting Now Go to My Account Confirm Password Invite Skip this step (?) Help By signing up, I agree to the Privacy Policy and Terms of Service.

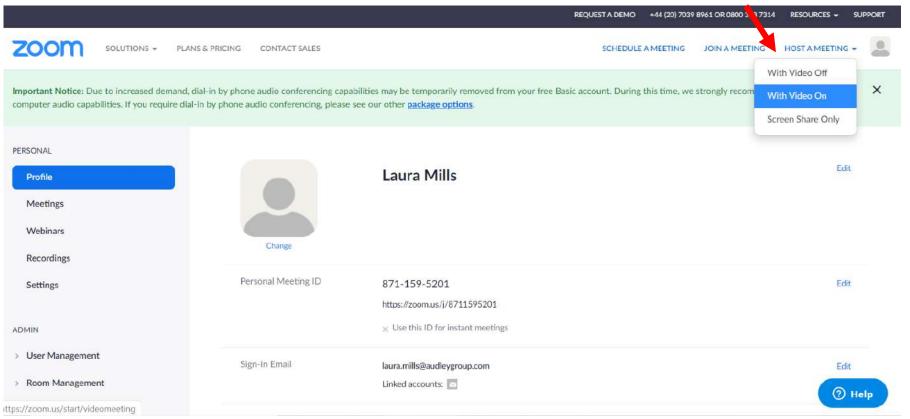






On your laptop

2. Once signed into Zoom you will be taken to your profile. Click "Host a meeting with video on" to start your video call.







On your laptop

3. You will now be on a video call called a "meeting" and will have a variety of options at the bottom of

the screen.

Join Audio/Microphone (A) – audio settings

- Start Video (B) you will need to turn your camera on so people can see you
- Invite (C) click to invite others to join your call
- Manage Participants (D) see who else is on the call
- Share screen (E) share what's on your screen with other people in the call
- Chat (F) Write a message to the people in the call
- Record (G) record video call
- Reactions (H) share a clapping or thumbs up emoji

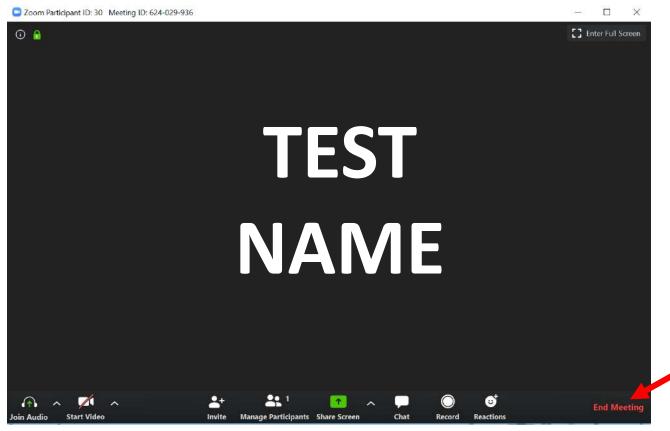




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On your laptop

4. To end your video call, select "End Meeting" at the bottom right hand side of the screen.

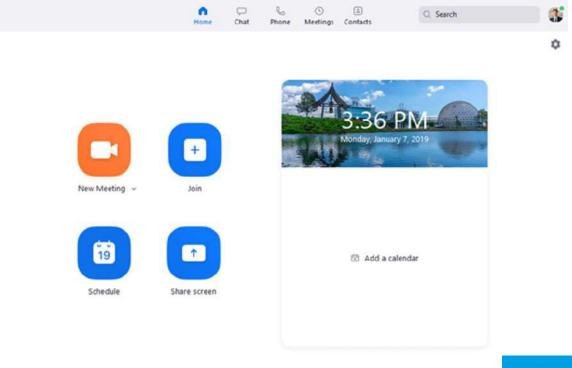




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On your laptop

- 5. After ending your meeting in, you will see the **Home** tab, where you can click these options:
- New Meeting: Start an instant meeting. Click the downwards arrow to enable video or use your personal meeting ID for instant meetings.
- **Join**: Join a meeting that has already started
- **Schedule**: Set up a future meeting.
- **Share Screen**: Share your screen with others by entering in the sharing key or meeting ID.





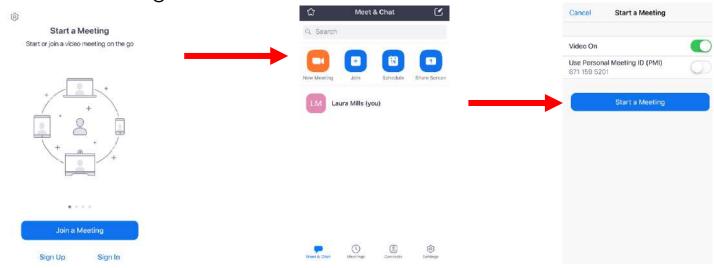
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On your smart phone or tablet

6. Zoom is also available on your smart phone and tablet. Open the app store and download "Zoom".



You will be asked to Sign up or Sign in. Once logged in, start a video call by click on "New Meeting" and "Start a Meeting".





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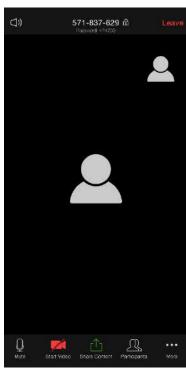
On your smart phone or tablet

7. A pop up message will appear. Press "OK" to allow Zoom access to your camera and microphone. This will ensure other people on the call can see and hear you.





- 8. Options on the call will be displayed at the bottom of the screen.
- Join Audio/Microphone (A) audio settings
- Start Video (B) you will need to turn your camera on so people can see you
- Share Content (C) share your screen
- Participants (D) see who else is in the call invite people to the call here
- More (E) Meeting settings, Chat (type messages to people on the call)



A B C D E

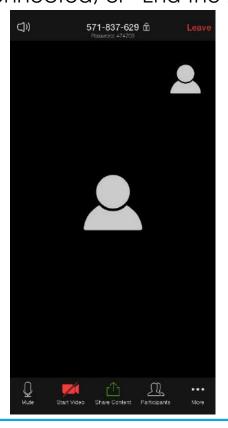


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On your smart phone or tablet

9. To end the call, press "End" at the top right-hand side of the screen. You can choose to "Leave Meeting" so the others on the call stay connected, or "End the Meeting" so the video call ends for

everyone.







Joining a video call on your smart phone or tablet

10. For you to join a video call which has already been set up by your family/friend then you will need to ask them to send you the video call (or "Meeting") URL. This can be sent via email or text message. Once you receive the URL click the link and either "Join Meeting" or Download the Zoom App from the app Store (see point 6).

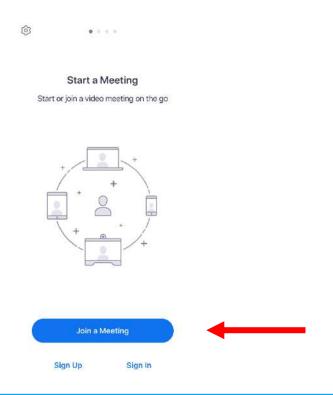




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Joining a video call on your smart phone or tablet

11. Once the App is downloaded you will be taken to this screen, you can either Sign Up, Sign in or you can access the video call as a guest by pressing the "Join a Meeting" button.



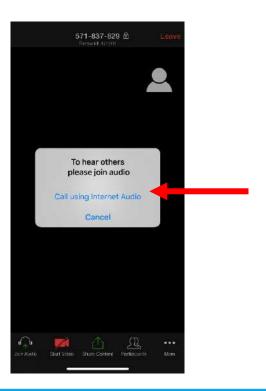


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Joining a video call on your smart phone or tablet

12. Before you can join the video call, a series of messages will appear asking for permission to access your camera and microphone – press "OK" to continue. You will also be asked to "join audio", select "Call using Internet Audio" to join the video call.



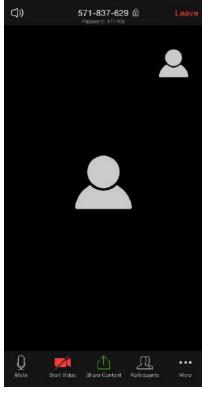




Joining a video call on your smart phone or tablet

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B C D F

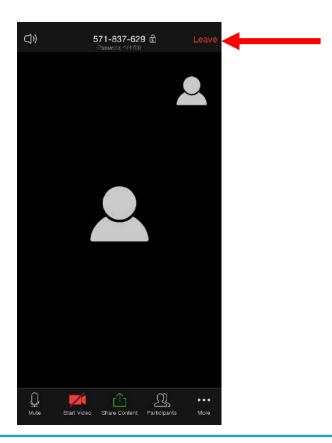




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Joining a video call on your smart phone or tablet

12. To leave the video call, press "Leave" at the top right-hand side of the screen.





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PLEASE NOTE

Once a video call is set up a unique meeting link is created which can be shared with anyone. This is great if you want to invite multiple friends or family to join, however if this is shared publicly i.e. across social media it can result in unwanted guests joining your conversation.

Please see below some helpful tips to avoid any unwanted guests in your video calls:

- If screensharing change to "Host Only".
- Disable "Join Before Host" in settings.
- Disable "File Transfer" so there's no digital virus sharing.
- Disable "Allow Removed Participants to Rejoin" so removed attendees can't slip back in.
- Do not share your meeting link on social media or anywhere on a public forum.

